# Separation Anxiety....

# **Babysitters/Daycare/Preschool**

**Easy Picture Books (E)** 

Appelt Oh My Baby, Little One

A mother explains to her child all the ways her love remains even while she's away.

Ballard My Day, Your Day

Children have a busy day at day care while their parents have a busy day at work.

Cole When Mommy and Daddy Go to Work

Carly is sad when her parents leave her at daycare to go to work, but when reminded that they'll be back later, she soon begins having fun with her friends.

Corey You Go Away

Conveys everyday experiences of children briefly separated from their parents or caretakers and then reunited.

Dewdney Llama Llama Red Pajama

At bedtime, a little llama worries after his mother puts him to bed and goes downstairs.

Doyle Where's Bunny's Mommy?

While Bunny is at day care making a painting, climbing, and eating lunch, his mother goes to work where she writes, has lunch with a friend, and finally comes to get Bunny when the day is over.

**Edvall** The Rabbit Who Longed for Home

Tells the story of a young rabbit who was afraid of going to day care until he found that he liked it.

**Edwards** My First Day at Nursery School

On the first day of preschool, a little girl misses her mother, but on the second day she is excited to go back.

Gardner Mama Don't Go Out Tonight

A little girl's concerns about her mother leaving her for the evening disappear once she finds out how much fun the babysitter can be.

**Gershator** The Babysitter Sings

A babysitter sings a rhyming song to reassure the child.

Henkes Wemberly Worried

A mouse named Wemberly, who worries about everything, finds that she has a whole list of things to worry about when she faces the first day of nursery school.

Hines Even if I Spill My Milk?

Because Jamie doesn't want his parents to go to a party and leave him with a babysitter, he tries to delay their departure with a series of questions.

Keller Geraldine and Mrs. Duffy

Geraldine and her little brother Willy try to pull pranks on their new babysitter.

**Kromhout** Little Donkey and the Baby-Sitter

Little Donkey tries to take advantage of his unsuspecting new babysitter, Nanny Hen.

Langley Missing!

Although school vacation has started, Daisy has forgotten to tell her cat not to wait for her at school and both of them think the other has become lost, or worse.

Mangan Little Teddy Left Behind

Left behind when his young owners move, a teddy bear has exciting adventures with a variety of people and animals.

Meredith Jamie Anderson Wouldn't...

Jamie Anderson won't get out of bed, so mom feeds him different colored ice cream each day, until dad comes home and figures out Jamie's' problem. He is scared of going to kindergarten.

Moss A Babysitter for Billy Bear

Billy Bear worries about several things when his mother goes out and leaves him with a babysitter for the first time.

# Penn The Kissing Hand

When Chester the raccoon is reluctant to go to kindergarten for the first time, his mother teaches him a secret way to carry her love with him.

#### Pitcher Run With the Wind

A mother horse reassures her young foal that soon he will be big enough to stay by himself and not even miss her.

#### Rankin First Day

Little Haybillybun is not the only one who is worried about the first day of preschool.

#### Rogers Going to Day Care

Describes the typical activities and feelings children can experience at a day care center, including the fun, excitement, and apprehensions involved in being away from home.

# Rusakas I Love You All Day Long

When a little pig worries about being apart from his mother when he goes off to school, she reassures him.

# Senderak Mommy in My Pocket

A little girl gets anxious about separation from her mommy when she goes to school.

# Smee Freddie Goes to Playgroup

It's Freddie's first morning at playgroup. He is excited, even though his Teddy Bear's a little scared. But all fears are soon forgotten as Freddie takes part in many activities--and discovers lots of other kids.

#### Spelman When I Miss You

A young guinea pig describes situations that make him miss his parents, how it feels to miss them, and what he can do to feel better.

## Valens Jesse's Daycare

Compares the daily events of mother and son as one goes to work and the other goes to day care.

#### Viorst The Good-bye Book

A child, on the verge of being left behind by parents who are going out for the evening, comes up with a variety of pleas and excuses.

#### Waber Ira Sleeps Over

A little boy is excited at the prospect of spending the night at his friend's house but worries how he'll get along without his teddy bear.

#### Waddell Owl Babies

Three owl babies whose mother has gone out in the night try to stay calm while she is gone.

#### Wells Yoko's World of Kindness

Six stories about learning skills and building confidence, about how people are different, how teasing can hurt feelings, and about making friends for children going to school for their very first year.

## Weeks My Somebody Special

A youngster experiences the emotions of being the last to be picked up at school.

#### Wild Piglet and Mama

When Piglet cannot find her mother, all of the barnyard animals try to make her feel better, but Piglet wants nothing but Mama.

#### Zalben Don't Go!

On the first day of preschool, Daniel gradually overcomes his nervousness as he plays in the sandbox, collects leaves, and bakes cookies. Includes tips for parents on getting ready for preschool and a recipe for pumpkin cookies.

#### **Junior Non-Fiction**

# J 372.21 MURKOFF What to Expect at Preschool

A guide for children on what they can expect when they attend preschool.

# **Longer Family Separation**

# Easy Picture Books (E)

#### Bauer My Mom Travels A Lot

A child points out the good and the bad things about a mother's job that takes her from home a lot.

#### Ericcson Home to Me/Home to You

A child at home and a mother flying back from a business trip think of each other as they eagerly await their reunion.

#### Fowler I'll See You When the Moon is Full

Abe will miss his father when he takes off on a business trip but is reassured of his return in two weeks, when the crescent moon becomes full.

# McCormick Daddy Will You Miss Me?

A boy and his daddy come up with lots of different ways to stay close to one another while the daddy is in Africa for four weeks.

#### Pelton When Dad's at Sea

Emily, whose father is a Navy pilot, has to deal with the separation of her family while her dad is deployed aboard a ship.

#### Ross Jezebel's Spooky Spot

When Jezebel's Papa goes to war, she finds a special place in the woods to do battle with her own fears.

## Sederman The Magic Box: When Parents Can't Be There to Tuck You In

Casey and his father find a special way to share their love when his father has to go away on business. Includes a note to parents.

#### Spinelli While You Are Away

Three children describe how they feel when one of their parents is away.

# Tomp Red, White and Blue Good-Bye

The young daughter of a Navy man does not want him to go to sea, but he points out the red flag on the mailbox, the white clouds in the sky, and the blue ocean that will remind her of him while he is away.

#### Woodson Visiting Day

A young girl and her grandmother visit the girl's father in prison.

#### Ziefert When Daddy Travels

George and Lily are not happy when their father goes away on a business trip, but telephone calls, e-mail, a calendar, and special activities with their mother help make the time pass quickly.

#### Zolotow If You Listen

A mother reassures her little girl there is a way to know that someone far away loves you.