



# Enrich, Excite, Explore!

## Week 1 Day 5: Seasons - Spring

Read and watch the stories at [Scholastic Learn at Home](#) and then explore the activities below!

### Read!

And Then It's Spring by Julie Fogliano paired with How Do You Know It's Spring?  
By Lisa M. Herrington

### Talk!

Talk about the stories as you read and watch together. Ask your child open-ended questions. What do they think will happen next? What did they like about the story?

### Signs of Spring

If it is spring time, look out your window or go for a walk and talk about what you see that indicates it is spring.

### Social Emotional Development

In the book And Then It's Spring, there was a lot waiting for the signs of spring to show up. Talk about how waiting is sometimes really difficult. Ask your child, "What can you do when you need to wait?" Waiting can be hard for everyone – even adults! To help build this skill in your child, try some of the following suggestions:

- Sing a song and repeat.
- Distract yourself with another activity that you can do while waiting – count the number of tiles on the floor, count the number of red cars that pass by, play with a fidget, look at the clouds and imagine what they are, create a story about the things you see, hear, or feel.
- Look at or read a book.
- Listen to music.

- March and stretch your body.

## Sing!

### Springtime Rhyme: Here is a Green Leaf

(watch: <https://www.youtube.com/watch?v=ZLYgPYXvyW8>)

*This is a fun one to do with your hands or experiment using a scarf!*

Here's a green leaf, and here's a green leaf	<i>(hold out left hand, then right)</i>
And that you see makes two	<i>(hold up 2 fingers)</i>
This is the bud that makes the flower	<i>(hold palms together)</i>
Now watch it bloom for you	<i>(slowly separate palms)</i>

## Play!

### Spring Color Collage

The book And Then It's Spring illustrates the colors brown and green to indicate the change from winter to spring. Make a collage with brown and green from construction paper, magazines, or recyclables that are brown and green. Then you can add a pop of another color for the indication of blooming flowers with buttons, ribbons, beads, wrapping paper scraps, or just paint them in.

## Read More Together!

### Books related to Spring:

- Bloom – E Diesen, Deborah
- Kitten's Spring – E Fernandes, Eugenie
- When Spring Comes – E Henkes, Kevin
- Hooray for Hoppy – E Hopgood, Tim
- Quiet Bunny's Many Colors – E McCue, Lisa
- Abracadabra, It's Spring! – E O'Brien, Anne Sibley
- Fletcher and the Springtime Blossoms – E Rawlinson, Julia
- A Friend for Bear – E Smallman, Steve
- Spring Surprises – E-R Hays, Anna