



Enrich, Excite, Explore!

Week 2, Day 6: Social-Emotional Learning - Friendship

Read and watch the stories at [Scholastic Learn at Home](#) and then explore the activities below!

Read!

Crazy Hair Day by Barney Saltzberg paired with Let's Be Friends by Amanda Miller

Talk!

Talk about the stories as you read and watch together. Ask your child open-ended questions. What do they think will happen next? What did they like about the story? What do they like about their friends?

Sing!

If You're Happy and You Know It Song

Brain-storm different emotions with your child – happy, sad, angry, scared, shy, surprised, excited, tired, or grumpy. Then substitute the words for the different feelings in this song, and try different ways to express a particular emotion.

Example:

If you're happy and you know it, clap your hands,
If you're happy and you know it, clap your hands.
If you're happy and you know it and your face will really show it,
If you're happy and you know it, clap your hands.

- *If you're sad – ask for a hug
- *If you're angry – stomp your feet
- *If you're shy – play peek-a-boo
- *If you're excite – shout hooray

Play!

Clay Hand Prints (source: www.preschool-plan-it.com/friendship.html)

Materials: 1 1/2 cup salt; 4 cups flour; 1 1/2 cups water; 1 teaspoon Alum; rolling pin, cookie sheets, piece of paper and marker, access to an oven.

- The children help measure the ingredients and mix it up.
- Give each child some dough to roll and play with. After a few minutes have them flatten the clay with a rolling pin (about 1/4 inch thick).
- Have them make a hand print in the clay.
- Place it on the cookie sheet.
- Bake at 300 degrees Fahrenheit for approx. 30-40 minutes.



When cool, they can put their name on the bottom with marker.

Use the paper and marker to make a chart to keep track of whose hand print belongs to whom!

Friendship Game

- Using a ball or a beanbag, everyone takes turn mentioning one quality of a friend or one thing a good friend can do.
- Sitting on the floor facing each other with legs spread out in a V shape, roll the ball to your child.
- Your child catches the ball, it's his or her turn to talk.
- Ask "what is a friend?" or "what kinds of things do you do as a friend?"
- Example: "A friend plays with me!", "I can help get a band-aid for my friend when she gets a boo-boo!"

Read More Together!

Books related to friendship

- A Splendid Friend Indeed – E Bloom, Suzanne
- Are We Still Friends? – E Horowitz, Ruth
- We Are (Not) Friends – E Kang, Anna
- Little Bitty Friends – E McPike, Elizabeth
- Can Cat and Bird Be Friends? – E Muir, Coll
- My Friend Rabbit – E Rohmann, Eric
- Do Dinosaurs Stay Friends? – E Yolen, Jane | Cómo son buenos amigos los dinosaurios? - Espanol E Yolen, Jane

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