

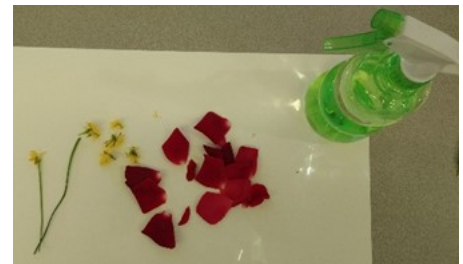
Flower Smash Art Activity

Supplies Needed:

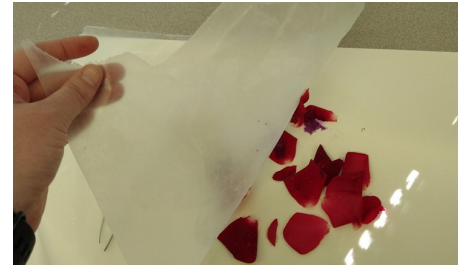
- Flowers and leaves
- Wax paper
- Spray bottle
- Watercolor paper, cardstock, or other thick paper
- Gloves (optional)
- Mallet or rolling pin (optional)



1. Gather flowers and leaves in backyard or on a nature walk. Berries can also be used, but make sure to check that they are safe for children to handle.
2. Place flowers and leaves on paper and gently spray with a small amount of water.
3. Cover flowers with wax paper.
4. Gently use mallet, rolling pin, or hands to smush flowers and leaves onto paper.



5. Once finished, remove wax paper and flowers to see the colors on the paper! Continue smushing as desired to create a picture or patterns with the colors.



6. Talk about the different colors the different plants or parts of the plants produce on the paper, and how they feel when smushing.
7. Let dry and enjoy your artwork!

